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## **PROSTIVA RF THERAPY FACT SHEET**

### **What is Prostiva RF Therapy?**

Prostiva RF (Radio Frequency) Therapy is a minimally invasive treatment for symptoms of benign prostatic hyperplasia (BPH), commonly known as enlarged prostate. The Prostiva RF technology delivers low-level radio frequency energy through the urethra via a precise, dose-controlled delivery system employing transurethral needles to destroy a well-defined region of enlarged prostate tissue. The treatment alleviates difficulties with urination and other BPH symptoms.

Prostiva RF Therapy has been widely recognized as a minimally invasive, in-office treatment for BPH and is recommended by the American Urological Association (AUA) *2003 & 2010 Management of BPH Guidelines*.

The Prostiva RF Therapy provides a durable treatment for patients with small to medium size glands in men over the age of 50. This therapy is effective in patients with asymmetrical glands, median or lateral lobes of the prostate (excluding a ball valve median lobe growing into the bladder and obstructing the opening). The device is inserted into the urethra and deploys two custom-set needle electrodes into the obstructing prostate tissue. The needles emit radio frequency energy precisely into the prostate, causing thermal ablation of the obstructing tissue. The treatment normally takes less than one hour.

### **Why is Prostiva RF Therapy an optimal treatment?**

- *It is safe, effective and durable.* Prostiva RF Therapy is a minimally invasive treatment that is performed without general anesthesia, without chronic use of medication or an extended hospital stay. Numerous clinical studies in the United States and Europe, including several that followed patients up to five years, show that Prostiva RF treatments:
  - Produce significant, long-term improvements in BPH symptoms and urine flow<sup>1</sup>
  - Are associated with few side effects and adverse events<sup>2</sup>
  - Preserve sexual function
  - Are performed in-office using local anesthesia
  
- *It is cost-effective.* Prostiva RF Therapy can be performed as an in-office procedure and is covered by Medicare and most private health plans.

**For more information,** visit the [www.urologix.com](http://www.urologix.com)  
or call Urologix' toll-free number (888-229-0772)  
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<sup>1</sup> Hill, B., et. al., Transurethral Needle Ablation vs TURP for the treatment of Symptomatic BPH: 5-Year Results of a Prospective, Randomized, Multicenter Clinical Trial, *Journal of Urology* Vol 171, 2336-2340, June 2004

<sup>2</sup> Prostiva User Guide 8930