



## Cooled ThermoTherapy™ - Medications & Patient Comfort *Guidelines*

**ALL MEDICATION DECISIONS ARE MADE AT THE DISCRETION OF THE TREATING PHYSICIAN.**

*This is not intended to constitute medical advice by Urologix, nor is it intended to be an endorsement of any product or preferred treatment regimen. Rather, it is a list of medications that physicians have used in treating TUMT patients before, during, and post-procedure. A physician must exercise his/her best judgment in fashioning a treatment regimen and in choosing medications while also considering patient co-morbidities, other prescription or OTC medication being taken, and the patient’s sensitivity to other transurethral procedures including cystoscopy or catheterization. Indications, contraindications, warnings, precautions, adverse events and instructions for use can be found in the product labeling and/or “Instructions for Use” supplied with each medication or the Urologix procedure kit.*

*Nothing is intended to replace or cancel any of the required procedural steps listed in the Urologix “Instructions for Use” (IFU) including but not limited to measurement of the prostatic urethral length, a pre-treatment enema, or monitoring the procedure with transabdominal ultrasound to ensure correct catheter positioning throughout the treatment.*

	Time	Common Steps	Common Brands
PRE Procedure	2-5 Days Before	<ul style="list-style-type: none"> <li>Nonsteroidal Anti-Inflammatory (NSAID)</li> </ul>	<ul style="list-style-type: none"> <li>Naprosyn®, Aleve®, Motrin®, Advil® or Celebrex®</li> </ul>
	1 Day Before	<ul style="list-style-type: none"> <li>Antibiotics</li> </ul>	<ul style="list-style-type: none"> <li>Cipro®, Levaquin®, Bactrim®, Septra®</li> </ul>
	1-2 Hours Before	<ul style="list-style-type: none"> <li>Enema (Required)</li> </ul>	<ul style="list-style-type: none"> <li>Fleet®</li> </ul>
During Procedure	60 Minutes Before	<ul style="list-style-type: none"> <li>Anti-anxiety drug</li> <li>Anti-spasmodic / anti-cholinergic</li> <li>Analgesic</li> </ul>	<ul style="list-style-type: none"> <li>Ativan®, Valium®</li> <li>Levsin®*, Detrol®**, Detrol LA®**, Ditropan®**, Ditropan XL®**, or Oxytrol®** Patch</li> <li>Ultracet®, Percocet®, Vicodin®, Demerol®</li> </ul>
	20-30 Minutes Before	<ul style="list-style-type: none"> <li>Empty bladder</li> <li>Instill anesthetic without Epinephrine into bladder (optional)</li> <li>Instill urethral anesthetic, then clamp penis</li> </ul>	<ul style="list-style-type: none"> <li>Lidocaine 2%, Marcaine™ 0.25% without Epinephrine</li> <li>Lidocaine 2% jelly, Urojet® or Anestacon®</li> </ul>
		<ul style="list-style-type: none"> <li>Comfort kit: knee bolsters &amp; ice pack</li> <li>Variable Treatment Temperature Algorithm (Microwave Catheter temperature reduction achieved by reducing the urethral temperature setpoint and/or slow ramp speed)</li> </ul>	<ul style="list-style-type: none"> <li>Cooled ThermoTherapy™ Procedure</li> </ul>
Post Procedure		<ul style="list-style-type: none"> <li>NSAID ~ 3-5 days</li> <li>Antibiotics for ~ 5 days</li> <li>Anti-spasmodic</li> </ul>	<ul style="list-style-type: none"> <li>Naprosyn®, Aleve®, Motrin®, Advil® or Celebrex®</li> <li>Antibiotic of choice</li> <li>Levsin®*, Detrol®**, Detrol LA®**, Ditropan®**, Ditropan XL®**, or Oxytrol®** Patch</li> </ul>

\*Precaution for patients with BPH

\*\*Contraindicated for patients in urinary retention

Indications, contraindications, warnings and instructions for use can be found with the product labeling packaged with this device. Federal (U.S.A.) law restricts this device by or on the order of a physician trained and/or experienced in the use of this device. This treatment is contraindicated for patients with urethral stricture, peripheral arterial disease with intermittent claudication or Leriche Syndrome; patients who have undergone pelvic radiation therapy or have implanted active devices within 2.6 inches of the prostatic urethra. For more complete information about the benefits, risks and contraindications associated with this procedure please refer to the IFU. Cooled ThermoTherapy is a trademark of Urologix, LLC. ©2016 Urologix, LLC. [www.urologix.com](http://www.urologix.com) All rights reserved. MC1600 Rev D 03/16

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